FREE FESTIVE RANNERUN 21 & 22 DECEMBER HARPUR SQUARE BEDFORD

Open from 11am daily
Free Children's Activities • Festive Music •
Food and Drink by Eat Feast •



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SATURDAY 21 DECEMBER WORKSHOP TENT, HARPUR SQUARE

Time	Details
11am - 11.45am	Christmas Decorations with Marta Plizga Children will have the opportunity to decorate ready-made templates of Christmas ornaments. They will have a range of colourful scraps and decorative materials to
12pm - 12.45pm	create their own ornaments, which can be taken home and hung on the Christmas tree. Snowman Drawing with Marta Plizga
	Children will have a black paper to create their own snowman using white cotton wool and decorative materials. First, they need to draw their snowman, then cut it out and decorate it using the art materials provided.
1pm - 2pm	Art School - Painting a Christmas Shopper Bag Participants are given a white shopper bag. The artist provides participants with prepared sketches on a Christmas theme. Participants draw the outline of the drawing on the bag. And then fill the drawing with professional paint. At the end of the master class, each participant takes home their new bag.
2pm - 3pm	Art School - Christmas Card For each participant a personal place is prepared at an individual easel. Participants choose a sketch of a drawing on a Christmas theme. And draw standing at the easel on a large sheet of cardboard, A3 format. At the end of the master class, each participant takes home a finished Christmas card.



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SATURDAY 21 DECEMBER ACTIVITY TENT, HARPUR SQUARE

Time	Details
11am - 11.30am	Laughter Yoga with Cheryl Green
	Laughter exercises such as making a laughter milkshake and unpacking a laughter present. Have you heard an elephant laugh? Come along to open your imagination and walk away full of festive joy.
11.45pm - 12.15pm	Frosty Potions Session with Little Science Lab
	Add some sparkle to an icy potion and watch the magic happen A cool opportunity to learn about solids, liquids and gases!
12.30pm - 1pm	Frosty Potions Session with Little Science Lab
	Add some sparkle to an icy potion and watch the magic happen A cool opportunity to learn about solids, liquids and gases!
1.30pm - 2.15pm	Fire Tiles with Little Science Lab
	Make a beautiful Christmas tile for yourself or as a gift, decorated with alcohol inks and set on fire for an extra wow factor!
2.30pm - 3.15pm	Fire Tiles with Little Science Lab
	Make a beautiful Christmas tile for yourself or as a gift, decorated with alcohol inks and set on fire for an extra wow factor!



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SUNDAY 22 DECEMBER WORKSHOP TENT, HARPUR SQUARE

Time	Details
11am - 12pm	Art School - Painting a Christmas Shopper Bag Participants are given a white shopper bag. The artist provides participants with prepared sketches on a Christmas theme. Participants draw the outline of the drawing on the bag. And then fill the drawing with professional paint. At the end of the master class, each participant takes home their new bag.
12pm - 12.45pm	Art School - Christmas Card For each participant a personal place is prepared at an individual easel. Participants choose a sketch of a drawing on a Christmas theme. And draw standing at the easel on a large sheet of cardboard, A3 format. At the end of the master class, each participant takes home a finished Christmas card.
1pm – 2pm	Create a Festive Crown with Kaye Mahoney (aka Kaye Leidoskope) These upcycled cardboard crowns are a delightful addition to any kid's dressing up box for the Christmas holidays. Made using cardboard and recycled Christmas cards and decorations. Age suggestions 3 or 4 years and up.



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SUNDAY 22 DECEMBER ACTIVITY TENT, HARPUR SQUARE

Time	Details
11am - 11.30am	Laughter Yoga with Cheryl Green Laughter exercises such as making a laughter milkshake and unpacking a laughter present. Have you heard an elephant laugh? Come along to open your imagination and walk away full of festive joy.
11.45am - 1.15pm	Dance & Decorate: Crafting Movements with Desiree Bashi
	This interactive session brings together dance creativity with the joy of crafting, inviting participants to design their portraits, which will be used in a short dance, adding a personal touch to the performance. After the session, participants can take home their creations.
1.30pm - 3pm	Words of the World: Crafting a Multilingual Notebook of Inspiration with Desiree Bashi
	Celebrate the power of language and art in this multicultural crafting session. Participants will design a personal notebook filled with words of peace, love, and encouragement written in various languages and alphabets. The notebook can be taken home and used for their New Year's resolutions, aspirations, or reflections. This session offers a unique opportunity to appreciate diverse languages and cultures while creating a keepsake that inspires positivity and self-expression throughout the year.



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